

Baked Alaska

What's needed to making this dessert?

- Jelly Roll
- Ice Cream
- Swiss Merignue

Swiss Meringue

Sugar	1#
Egg whites	8 ea

Directions:

- Combine both sugar and whites together over double boiler. Remember no open flame. Boil water first, then place bowl on top.
- Whisk until you feel no more sugar grains.
- Transfer to mixer with whip attachment and whip at high speed until it reaches its full volume.
- Spread on top of baked Alaska.

***Please watch video for demo of how to put together and torch.